

October 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing	2 STAFF DEVELOPMENT DAY PK - 12 CLASSES NOT IN SESSION
	5 Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety Lunch: Chicken Patty on a bun Mayonnaise Mustard Peanut Butter & Jelly Sandwich Sweet Potato Carrots Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices	6 Breakfast: Pancakes Syrup Assorted Fresh Fruit Milk – Variety Lunch: Macaroni and Cheese Peanut Butter & Jelly Sandwich Broccoli Fresh Vegetable Bar Assorted Fresh Fruit A Variety of Milk Choices	7 Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices Lunch: Jordan's Meatball Sub Ham Sandwich Mayonnaise/Mustard Peanut Butter and Jelly Sandwich Broccoli Assorted Fruit Fresh Vegetable Bar A Variety of Milk	8 Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup Lunch: Aaron's Breakfast Burrito W/Egg, Sausage and Cheese Taco Sauce Ketchup Peanut Butter & Jelly Sandwich Hash Brown Carrots Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices	9 Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing
	12 COLUMBUS DAY PK - 12 CLASSES NOT IN SESSION BCSD OFFICES CLOSED	13 Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety Lunch: Pancake, Waffle Syrup Sausage PB & J Sandwich Roasted Potatoes Ketchup Fresh Vegetable Bar Assorted Fresh Fruit A Variety of Milk Choices	14 Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices Lunch: Ravioli With Cheese Garlic Stick Peanut Butter and Jelly Sandwich Bean Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk	15 Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup Lunch: Crispy Chicken Wrap Honey Mustard Ranch Dressing Peanut Butter & Jelly Sandwich Carrot Sticks Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices	16 Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing
	19 Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety Lunch: Chicken Quesadilla Taco Sauce Peanut Butter and Jelly Sandwich Corn Sweet Potato Fresh Vegetable Bar Assorted Fruit A Variety of Milk	20 Breakfast: Pancakes Syrup Assorted Fresh Fruit Milk – Variety Lunch: Rotini with meat sauce Bread Stick Ham Sandwich Peanut Butter and Jelly Sandwich Chef Salad Fresh Vegetable Bar Bean Salad Broccoli Assorted Fruit A Variety of Milk Choices Mayonnaise Mustard	21 Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices Lunch: Pulled Pork Sandwich Ham Sandwich Mayonnaise/Mustard. Peanut Butter & Jelly Sandwich Cole Slaw Baked Beans Assorted Fruit Fresh Vegetable Bar A Variety of Milk Choices	22 Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup Lunch: Morgan's Famous Chicken Bowl Biscuit Peanut Butter & Jelly Sandwich Chef Salad Corn Mashed Potato Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices	23 Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing
	26 Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety Lunch: Grilled Cheese Peanut Butter & Jelly Sandwich Broccoli Carrots Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices	27 Breakfast: Pancakes Syrup Assorted Fresh Fruit Milk – Variety Lunch: Taco Baked Taco Shells Taco Sauce Peanut Butter & Jelly Sandwich Refried Beans Green Beans Fresh Vegetable Bar Assorted Fruit Milk – Variety	28 Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices Lunch: Spaghetti with meat sauce Bread Stick Ham Sandwich Peanut Butter and Jelly Sandwich Chef Salad Fresh Vegetable Bar Bean Salad Broccoli Assorted Fruit A Variety of Milk Choices Mayonnaise Mustard	29 Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup Lunch: Hot Turkey Sandwich With or Without Gravy Peanut Butter & Jelly Sandwich Baby Carrot Mashed Potato Assorted Fruit Fresh Vegetable Bar A Variety of Milk Choices	30 Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing