

January 2019

	Monday	Tuesday	Wednesday	Thursday	Friday
			<p>2</p> <p>Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Ravioli With Cheese Garlic Stick Ham Sandwich Mayonnaise/Mustard Peanut Butter and Jelly Sandwich Bean Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk</p>	<p>3</p> <p>Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup</p> <p>Lunch: Hot Turkey Sandwich With or Without Gravy Peanut Butter & Jelly Sandwich Baby Carrot Mashed Potato Assorted Fruit Fresh Vegetable Bar A Variety of Milk Choices</p>	<p>4</p> <p>Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing</p>
	<p>7</p> <p>Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Chicken Caesar Salad Dinner roll Peanut Butter & Jelly Sandwich Fresh Tomato Carrot Sticks Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing</p>	<p>8</p> <p>Breakfast: Pancakes Syrup Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Rotini with meat sauce Bread Stick Peanut Butter and Jelly Sandwich Chef Salad Fresh Vegetable Bar Bean Salad Broccoli Assorted Fruit A Variety of Milk Choices Mayonnaise Mustard</p>	<p>9</p> <p>Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup</p> <p>Lunch: Pulled Pork Sandwich Peanut Butter & Jelly Sandwich Cole Slaw Baked Beans Assorted Fruit Fresh Vegetable Bar A Variety of Milk Choices</p>	<p>10</p> <p>Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Chicken Biscuit Pot Pie Peanut Butter & Jelly Sandwich Glazed Baby Carrots Assorted Fruit Fresh Vegetable Bar A Variety of Milk Choices</p>	<p>11</p> <p>Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing</p>
	<p>14</p> <p>Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Chili Con Carne Beans Rice Peanut Butter & Jelly Sandwich Sweet Potato Carrots Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices</p>	<p>15</p> <p>Breakfast: Pancakes Syrup Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Chicken Alfredo Bread Stick Peanut Butter and Jelly Sandwich Chef Salad Mixed Vegetables Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices</p>	<p>16</p> <p>Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Andrew's Fish Taco Peanut Butter & Jelly Sandwich Cole Slaw Green Beans Fresh Vegetable Bar Assorted Fruit Milk – Variety Ranch Dressing Chipotle Sauce Taco Sauce</p>	<p>17</p> <p>Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup</p> <p>Lunch: Spaghetti with meat sauce Bread Stick Ham Sandwich Peanut Butter and Jelly Sandwich Chef Salad Fresh Vegetable Bar Bean Salad Broccoli Assorted Fruit A Variety of Milk Choices Mayonnaise Mustard</p>	<p>18</p> <p>Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing</p>
	<p>21</p> <p>MARTIN LUTHER KING JR. DAY PK - 12 CLASSES NOT IN SESSION BCSD OFFICES CLOSED</p>	<p>22</p> <p>Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Grilled Chicken on a bun Peanut Butter and Jelly Sandwich Chef Salad Fresh Vegetable Bar Sweet Potato Baked Beans Assorted Fruit A Variety of Milk Choices Barbeque Sauce Ketchup</p>	<p>23</p> <p>Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Taco Baked Taco Shells Peanut Butter & Jelly Sandwich Refried Beans Corn Fresh Vegetable Bar Assorted Fruit Milk – Variety Taco Sauce</p>	<p>24</p> <p>Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup</p> <p>Lunch: Lemon Pepper Chicken Brown Rice Pilaf Peanut Butter & Jelly Sandwich Chef Salad Broccoli Green Beans Fresh Vegetable Bar Assorted Fruit Milk – Variety</p>	<p>25</p> <p>Breakfast: French Toast Syrup Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Pizza with Cheese Romaine Salad Assorted Fruit Fresh Vegetable Bar A Variety of Milk Ranch Dressing Italian Dressing</p>
	<p>28</p> <p>Breakfast: Variety Cereal 100% Whole Wheat Bread Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Chicken Quesadilla Taco Sauce Peanut Butter and Jelly Sandwich Corn Sweet Potato Fresh Vegetable Bar Assorted Fruit A Variety of Milk</p>	<p>29</p> <p>Breakfast: Pancakes Syrup Assorted Fresh Fruit Milk – Variety</p> <p>Lunch: Rotini with meat sauce Bread Stick Ham Sandwich Peanut Butter and Jelly Sandwich Chef Salad Fresh Vegetable Bar Bean Salad Broccoli Assorted Fruit A Variety of Milk Choices</p>	<p>30</p> <p>Breakfast: Bagel Peanut Butter Cream Cheese Assorted Fresh Fruit Milk Choices</p> <p>Lunch: Morgan's Famous Chicken Bowl Biscuit Peanut Butter & Jelly Sandwich Chef Salad Corn Mashed Potato Fresh Vegetable Bar Assorted Fruit A Variety of Milk Choices</p>	<p>31</p> <p>Breakfast: English Muffin Scrambled Eggs Ham Assorted Fresh Fruit Milk Choices Ketchup</p> <p>Lunch: Baked Fish (Haddock) Brown Rice Pilaf Peanut Butter & Jelly Sandwich Broccoli Carrots Three Bean Salad Fresh Vegetable Bar Assorted Fruit Milk – Variety</p>	